



Finucan Chiropractic

March 2018

Register for classes online at www.finucanchiro.com

Private Lessons Available! Call (607) 621-8285 or Email finucanchiro@gmail.com for Appointments or Questions

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip	2 10:30am Pilates Equip	3 9am Pilates Mat Aroma Freedom Technique Workshop 2pm – 4pm
4 RATES: Pilates Mat \$15 10 mat classes \$120 (6 mo exp)	5 5pm Pilates System 6:15pm Pilates Mat	6 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip	7 9am Barre 5:45pm PiYo	8 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip	9 10:30am Pilates Equip	10 9am Pilates Mat Yoga Workshop for Stress 11am – 2pm
11 New client special 3 private lessons \$135 	12 5pm Pilates System 6:15pm Pilates Mat	13 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip	14 9am Barre 5:45pm PiYo	15 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip	16 10:30am Pilates Equip	17 9am Pilates Mat MELT Method Workshop 12pm – 1:30pm 
18 Pilates Equipment \$22 5 Equip / \$100	19 5pm Pilates System 6:15pm Pilates Mat	20 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip 	21 9am Barre 5:45pm PiYo	22 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip	23 10:30am Pilates Equip	24 9am Pilates Mat
25 10 private lessons Only \$490	26 5pm Pilates System 6:15pm Pilates Mat	27 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip	28 9am Barre 5:45pm PiYo	29 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip	30 10:30am Pilates Equip	31 9am Pilates Mat