






Finucan Chiropractic

May 2018

Register for classes online at www.finucanchiro.com

Private Lessons Available! Call (607) 621-8285 or Email finucanchiro@gmail.com for Appointments or Questions

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>New client special</i> 3 private lessons \$135</p>		<p>1 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip</p>	<p>2 9:15am Barre 5:45pm Vinyasa Yoga</p>	<p>3 8:45am Mat Tower Chair 10:30am Pilates Equip 5:30pm Pilates Begin Equip</p>	<p>4</p>	<p>5 9am Pilates Mat</p>
<p>6 RATES: Pilates Mat \$15 10 mat classes \$120 (6 mo exp)</p>	<p>7 1pm Pilates Begin Equip 5pm Pilates System 6:15pm Pilates Mat</p>	<p>8 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip</p>	<p>9 9:15am Barre 5:45pm Vinyasa Yoga</p>	<p>10 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip</p>	<p>11 10:30am Pilates Equip</p>	<p>12 8am Pilates System 9am Pilates Mat</p>
<p>13 </p>	<p>14 1pm Pilates Begin Equip 5pm Pilates System 6:15pm Pilates Mat</p>	<p>15 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip</p>	<p>16 9:15am Barre 5:45pm Vinyasa Yoga</p>	<p>17 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip</p>	<p>18 10:30am Pilates Equip</p>	<p>19 8am Pilates System 9am Pilates Mat 10:15am Pilates Begin Equip Neal's Yard Remedies Organic Experience 1 – 3 pm</p>
<p>20 Pilates Equipment \$22 5 Equip / \$100</p>	<p>21 1pm Pilates Begin Equip 5pm Pilates System 6:15pm Pilates Mat</p>	<p>22 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip</p>	<p>23 9:15am Barre 5:45pm Vinyasa Yoga</p>	<p>24 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip</p>	<p>25 10:30am Pilates Equip</p>	<p>26 8am Pilates System 9am Pilates Mat 10:15am Pilates Begin Equip</p>
<p>27 10 private lessons Only \$490</p>	<p>28  HAVE A GREAT MEMORIAL DAY WEEKEND!</p>	<p>29 9:45am Pilates Equip 11am Pilates System 5:15pm Barre 7pm Pilates Equip</p>	<p>30 9:15am Barre 5:45pm Vinyasa Yoga</p>	<p>31 8:45am Mat Tower Chair 5:30pm Pilates Begin Equip</p>	